

FOUNDATION OF MONROE COUNTY COMMUNITY SCHOOLS

Grant Guidelines
Fitness, Health and Wellness Challenge Grants
2007-2008

Sponsored by the:



**SCHOOL OF HEALTH, PHYSICAL
EDUCATION, AND RECREATION**

INDIANA UNIVERSITY

Bloomington

The Foundation of Monroe County Community Schools is pleased to announce the continuation of a grant program designed to impact the fitness, health, and wellness of MCCSC students. Grants will be available to MCCSC employees or students to develop and implement projects to educate students on the benefits of physical fitness, to encourage increased physical activity and to improve student physical fitness. A secondary focus area for this program is student health and wellness as impacted by fitness. Priority in funding will be given to collaborative efforts between physical education curriculum and content in other subject areas. Examples of grants previously funded by this program are listed below:

Fitness, Fitness Revolution. Designed to target those students that tend to avoid other types of physical activity, this grant allowed every student in the school to try a fun fitness activity: Dance, Dance Revolution. DDR, as it is called, is a popular arcade game that gets kids dancing and moving. Grant funds were used to purchase the portable equipment needed for DDR and to train 10 students to become school DDR instructors. These student instructors then trained others so that every classroom in the school was prepared to participate. The activity is used in classrooms, in p.e. classes and during inside recess. Students track daily activity and personal data on physical fitness which is used in math classes to analyze data and create charts and graphs.

Olympics and Fitness. This grant project was coordinated by the school's media specialist who used the publicity surrounding the 2004 Summer Olympics to develop a cross-curricular unit of study on fitness. Grant funding was used to purchase biographies and autobiographies of Olympic athletes for use in Language Arts classes and to purchase equipment for use in p.e. classes in "mini-olympics" activities. Data was collected from p.e. activities and analyzed in both math and science. Additionally, science classes researched the physics of Olympic events. Through these activities students learned of the importance of keeping both your body and your mind physically fit.

Funding Possibilities

Types of expenses that may be funded through this program include, but are not limited to:

- Training, development costs and/or equipment for new physical education projects or curriculum
- Equipment, software or textbooks
- Professional development opportunities that will contribute to the development and implementation of projects that will impact student fitness, health and wellness.
- Fees and personnel costs to bring in “experts” to conduct student projects. As an example, a yoga, Tae Kwon Do or rock climbing instructor might be hired to conduct an in-house class during the school day or as an extracurricular activity before or after school.

Application Process

The Foundation will accept grant applications until 5:00 p.m on February 4, 2008. The grant process is competitive in nature. A committee comprised of representatives from the Foundation, MCCSC health and physical education teachers, the program sponsors and MCCSC administrators will review grant applications and make recommendations on funding. Based upon funding available, the Foundation will choose to invest in projects that best serve the students of MCCSC and support the mission of the Foundation.

Contact the Foundation of MCCS for a grant application or visit the Foundation website at www.mccsfoundation.org.

Grant Categories

Grants applications can be presented for projects to benefit an individual classroom, a group of classrooms, a department, an entire school or a system-wide program. Funding levels will vary depending upon the quality of the project presented and the potential student impact. As a general rule of thumb, grant awards will be funded in amounts up to \$1,500. However,

larger sums may be available for exceptional grants that address a significant need or have a broad impact.

Policies

1. All requests for funding that conform to the grant guidelines and submission instructions will be considered. However, preference will generally be given to grant requests representing collaboration between physical education curriculum and content in other subject areas.
2. Grants are judged on a competitive basis and may not be funded or may be only partially funded.
3. A grant request that duplicates a successful grant from another school will be considered.
4. Applicants must be employees (certified or non-certified) or students of MCCSC. An MCCSC employee must sponsor a grant submitted by a student(s).
5. Any item purchased with Foundation funds will remain at the school or with the program to which it was granted.
6. Grant recipients may be asked to make a presentation or a display about their grant for Foundation events or use.
7. Grant recipients should include the Foundation in any publicity regarding their grant.
8. Grant recipients will be asked to announce their grant to the parents of students participating in the grant project, to the school faculty and in a school publication.
9. A grant evaluation must be submitted no later than one year from the date of the award. If not received by the Foundation within this time period, the project coordinator will not be eligible for further grants until an evaluation is submitted to the Foundation.
10. Applications will not be accepted for projects designed to benefit school sponsored athletics.

Grant Award Cycle:

February 4, 2008	Deadline for submitting grant applications
March 2008	Grant awards announced at FMCCS Grant Reception at Fountain Square Ballroom

Submission Instructions

Grant applications must be received in the Foundation office by 5:00 p.m. on February 4, 2008.

Grants may be sent via school mail, US mail, or faxed to 330-7813.

The project coordinator and school principal must sign all applications. For a district-wide project, the Superintendent must sign the application.

All applications must include an itemized budget. The budget should detail all expenses and anticipated income sources. Proposals without itemized budgets will not be reviewed or considered.

2006-2007 Fitness, Health and Wellness Challenge Grants

A.P.E. (Agility, Power, Endurance)	Tri-North Middle School
Ball Drumming	Fairview Elementary
Cougars with Moves	North High School
Dance, Dance into Fitness	Arlington Elementary
Fit for Life	University Elementary
Fitness is Fun	North High School
Geo-Fitness Exercise Videos & Task Cards	Templeton, Highland Park
Get on the Ball	University Elementary
Knowing the Pressure	System-Wide
Panda Power Exercise Videos	Highland Park Elementary
Sport Stacking with Speed Stacks	Templeton Elementary
Steps to Fitness	Childs Elementary

For more information, contact:

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